Figures.com [CHALLENGE]



Assignment

DAY ONE ASSIGNMENT

Quotes To Remember:





1.) Write	down f	ive fears y	ou currently	have that's	preventing	you from	achieving	your
dreams								

- 1.
- 2.
- 3.
- 4.
- 5.

2.) Write down five character traits you need to develop to be the person you have to become to get the results you want. (Example: time management, skill building, confidence)

- 1.
- 2.
- 3.
- 4.
- 5.



DAY ONE ASSIGNMENT

Remember the aycroynm DEAL:
Delegate Eliminate Automate Leverage
3.) Write out your to do list and put the corresponding DEAL letters next to the list.
1.
2.
3.
4.
5.
6.
7.
8.
9.
10.
1.) Write down 10 specific affirmations you can add to your daily routine.
1.
2.
3.
4.

5.



DAY ONE ASSIGNMENT

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7.

8.

9.

10.

STORIES	EXPERTISE	STRENGTHS	WEAKNESS