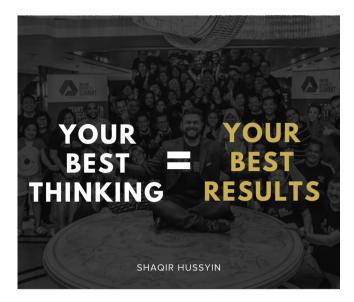
# Figures.com [CHALLENGE]



Assignment

### DAY ONE ASSIGNMENT

#### **Quotes To Remember:**





- 1.) Write down five fears you currently have that's preventing you from achieving your dreams...
  - 1.
  - 2.
  - 3.
  - 4.
  - 5.
- 2.) Write down five character traits you need to develop to be the person you have to become to get the results you want. (Example: time management, skill building, confidence)
  - 1.
  - 2.
  - 3.
  - 4.
  - 5.



## **DAY ONE ASSIGNMENT**

Remember the aycroynm DEAL:
Delegate Eliminate Automate Leverage
3.) Write out your to do list and put the corresponding DEAL letters next to the list.
1.
2.
3.
4.
5.
6.
7.
8.
9.
10.
1.) Write down 10 specific affirmations you can add to your daily routine.
1.
2.
3.
4.

5.



# **DAY ONE ASSIGNMENT**

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7.

8.

9.

10.

STORIES	EXPERTISE	STRENGTHS	WEAKNESS